

2008 Builder/Long Service Award Description:

The Builder /Long Service award is designed to recognize those volunteers who have left a significant mark on the sport of triathlon in our province. Through their participation as a racer, event organizer, or race official, the Long Service Award recognizes this contribution to the sport. If not for these individuals who dedicate selfless hours to organizing events, our sport would have dissolved away years ago.

2008 Award Winner for Builder is Mark Nagy.



Mark Nagy has been involved in the sport of triathlon for more than 20 years as a competitor, volunteer, club member, club President and race director. There is much to be said about him, but let me start with some Mark Nagy's fun facts:

This will be his 18th year being the race director for the Frank Dunn Triathlon

First triathlon was at Weyburn in 1987, the Crocus classic with his long time training partner - Greg Sylvester

He will be competing in his 10th Ironman this August in Penticton

He has competed in over 120 races around Canada over the last 22 years

Only race crash was Stony Plain 2007, only time he did not

finish a race

One of his most memorable races was in 1993, when they did the Bridge City triathlon in Saskatoon using the cold Saskatchewan River as the swim courseapparently it was a little cold. 9 degrees according to Goldie, who was the race director. brrrrrr!

Mark has encouraged so many people to be successful over the years and he is a lot of fun to be around. Don Laing says so!

And this from Theresa Nimegeers of the Prince Albert Triathlon Club.

When I think of someone who has a passion for the sport of triathlon, I think of Mark. I don't know the number of years that Mark has organized the Frank Dunn Triathlon in Waskesiu. However; I do know that year after year, with minimal assistance, he puts in tons of hours making this event a great one. The Frank Dunn Triathlon was the inspiration for me to get involved in the sport. I know of several others who, once they witness it, well they just want to be a part of it.

Last year I was able to take part in the Ironman event in Penticton. Mark provided a lot of encouragement. He always manages to downplay the training aspect and escalate the fun aspect. Well, actually being there with Mark was a big part of the fun. He absolutely loves that whole time spent in Penticton! His family have made it an annual event as well, and they are all out having a great time. I realized that triathlon is not a

selfish sport at all. You bring your family into it, you bring your friends into it and everyone gets something out of the experience.

Thanks Mark, for all your hard work and for bringing the sport of triathlon into so many lives.