

Female Age Group Athlete of the Year Sponsored by Western Cycle Source for Sports

Past Winners: 2008 Carly Priebe
2009 Emma Bandol

2010 Nominees:

- Nadine Brenaut, Saskatoon. Nominated by RossAnn Edwards.

Female Age Group Athlete of the Year for 2010: Nadine Brenaut

Nadine had a very successful 2010 race season. In April, she placed 3rd in her age group and 4th overall female at the Bridge City Duathlon with a time of 1:08:37. Next, Nadine finished first in her age group at the Merlin Ford Spin Off Spadina in the sprint category. Her time of 1:12:06 was good for 12 overall. At the MacKenzie Plumbing & Heating Regina Beach Triathlon, Nadine again finished 1st in her age group and 17th overall in the Olympic distance with a time of 2:30:07. With that time, Nadine qualified for the Saskatchewan Provincial Team and went to Kelowna for Age group Nationals. In Kelowna, Nadine finished 3rd overall in her age group and 25th out of 236 in the Olympic distance with a time of 2:27:41.

As you can see, Nadine continues to build on her exploits as a triathlete. Previously, Nadine had qualified for the 2009 Canada Summer Games team. She also competes in cross country and track for the University of Saskatchewan Huskies. She competed in CIs cross Country in 2008/2009.

Maybe most impressive in all of this, Nadine was a member of the all academic team for CIS and a Huskie Athletics All Academic First Team Member in 2009/2010.

Nadine also lifeguards and instructs for the City of Saskatoon. In 2010, Nadine served as the lifeguard for the Junior elite event at Pike Lake, the Living Sky Tri.