



## **2009 Coach of the Year:**

**RossAnn Edwards**

“This award recognizes excellence in the area of coaching. The nominees’ contributions can include committee involvement, clinics, organization of races, programs, development of assistant coaches, and other service record information including leadership initiatives.

This award goes to a coach who is ethical, progressive and fair and whose athletes show steady improvement under their guidance. The award also looks for examples of concern for the all-round development of the athletes with a focus on assisting individuals balancing sport, social and educational needs, and in developing confidence, self-discipline and respect.



The 2009 Coach of the Year Award winner is RossAnn Edwards. RossAnn has a long and distinguished coaching history that includes track, cross country running and triathlon. As a young sport, triathlon needs pioneers to lead and RossAnn certainly has been one. She has led the development of training programs for the Saskatchewan youth and junior competitors, and was instrumental in the development of the Saskatoon Triathlon Club’s Youth and Junior program.

She came to this position through years of mostly unrecognized dedication and love for a developing sport that is building its base on the age old tradition of the volunteer coach. Her coaching highlights include:

### **Teams:**

- Canadian University Triathlon Team at World University Championships (FISU), 2008
- Saskatchewan Provincial Junior Triathlon Team at Junior National Championships 2008
- Youth Triathlon Champions at Man./Sask. Youth Regional Championships 2004, 2005,2007.
- Saskatchewan Provincial Youth Triathlon Team at Youth Regional Championships 2003, 2004, 2005, 2006, 2007.

Individuals she has coached:

- Eighth place finisher Pan American Triathlon Championships, Jr. female – 2008.
- Junior Elite Triathlon Canada triathlon race series 3rd place finisher, female – 2007.
- Silver medalist at the American National Junior Elite Triathlon Championships, female – 2007.
- Silver medalist at Western Canadian KOS Triathlon Championships 14/15 yrs. female - 2005, 2006, 2007
- Bronze medalist at Western Canadian KOS Triathlon Championships 14/15 yrs. female – 2006, 2007