



Director-at-Large Nomination Form

Name Rob Nelson Phone 306-342-1234

Address 1234 Main St

City Regina Postal S4S2N1 STAC # SK00045

Nominated by: Murray Gurski (Must be a 2017 STAC Member)

Please provide short bio: I've been participating in triathlons since 2010, racing everything from Sprint to Ironman distances. I have experience as a Race Director for The Running Room, Bike Captain for See Dick Tri, and numerous other volunteer roles in running and triathlon races. I've also been involved in organizational director roles with Regina Southeast Minor Hockey, Rainbow Youth Centre and the Project Management Institute Regina/South Saskatchewan Chapter including 4 years as President. I'm currently Vice-President of the Regina Multisport Club and Director-at-Large for STAC. With STAC I'm the Chairperson for both the STC Advisory Committee and the STC review Committee. Outside of volunteer roles, I spent 31 years with SaskTel in various roles, and another 10 years running my own business as a project management consultant.

Why would you like to serve on the STAC Board: Triathlon is a great sport. I've taken some from the sport and it's time to give back. Being retired, I have available time to help manage the sport and help it grow. I have leadership skills that will be an asset to the Board and STAC in general.

Area(s) of expertise / contribution that you feel you can make: Leadership, organizational change, human resource management, event management, volunteer time.



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The Saskatchewan Triathlon Association board meets the second Monday of each month. Will you be able to attend the monthly meetings? Yes / No (please circle)

As a board member, your time investment is not limited to board meetings. Board members are required to commit the appropriate time to effectively fulfill the commitments to the Saskatchewan Triathlon Association Corp membership. Duties include: Attending and participating in all board meetings, committee activity outside board meetings as well as review of STAC documentation when called upon. Are you willing to commit the appropriate time to be an effective board member?

Yes / No (please circle)

As a member of The Saskatchewan Triathlon Association board of you are required to act on behalf of the entire membership not as a member of any other particular member or constituency. In addition you will need to be independent and impartial and not be influenced by self-interest, outside pressure, expectation of reward, or fear of criticism. Are you prepared to act as such? Yes / No (please circle)

Name (please Print)

Rob Nelson

Signature: _____

R. Nelson

Date: _____

Mar. 18/17

Please email your completed form to info@triathlonsaskatchewan.org for posting
