



## Triathlon 101

**Weyburn Leisure Centre  
Sunday June 4 8:00am**

**New to Triathlon?**

**Experienced triathletes looking to get together  
with like minded?**

**This clinic is for you.**

### **Topics Covered**

- Triathlon 101
- Training for your 1st Triathlon
- Swim, Bike, Run and Transition sessions
- Setting up group training

Triathlon Saskatchewan coach Sean Hooper will facilitate this clinic.

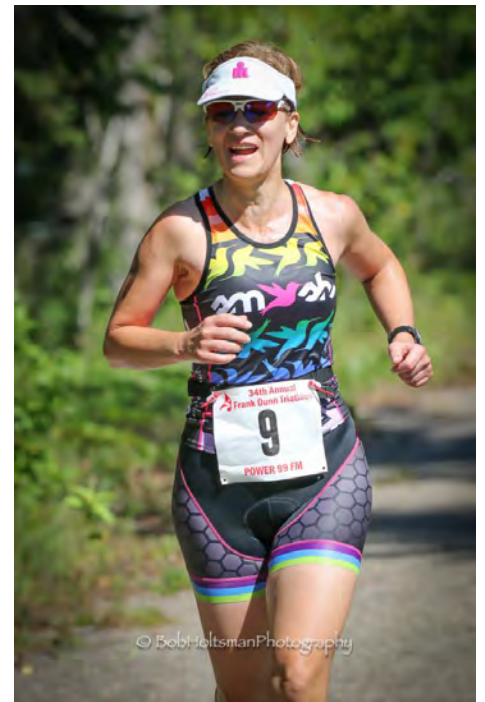


Cost \$ 45.00 This includes all coaching, facilities costs  
as well as all clinic and event insurance.

STAC members no charge

Goto the Triathlon Saskatchewan home page to register

TriathlonSaskatchewan.org



For more information at  
[Info@triathlonsaskatchewan.org](mailto:Info@triathlonsaskatchewan.org)  
[306 519 1822](tel:3065191822)

[Or in Weyburn](#)

[jessica.dovichak@gmail.com](mailto:jessica.dovichak@gmail.com)